

A DISCUSSION ON OBSESSIONS THAT ALL-IMPORTANT, PERSONAL TOPIC

By Archangel Uriel

Although the topic of obsessions has been lucidly discussed by the Moderator, Dr. Norman, I feel that the relating of some example cases can serve to be helpful. Obsessions or obsessive influences, although a most vital issue with mankind, is but little known by mankind in general and only very few churches enter into the teaching of this subject, even though Jesus himself taught and demonstrated this important healing practice and concept.

For openers, we could say there are two kinds of obsessions. One is the influence of other entities, those who have become separated from the physical and live on the inner or lower astral worlds—those who are negative or destructive in nature and who lack direction. They attack the unsuspecting earthman at times when the earthen becomes negative and thusly is in attunement with this negative frequency. These #1 obsessions are far more common than the earthman would like to know.

Then there are the thought-form obsessions that are created and affect the person's mind when he least expects it. Both kinds work on the mind or consciousness (psychic anatomy) of the person involved, and in all cases, the soul is victimized beyond his own awareness. For instance, when some entity living in the lower astral realms attacks one, it is a very subtle situation. The influence is invisible to the physical eye, but the effects become quite noticeable; one often does things he normally would not think of doing. He begins to feel uneasy, negative, his friends often begin to become a target of negative acts, and he will, if the influencing entity is not removed, begin to take on an entirely different personality—not pleasant to be near.

The earthman, as a whole, attracts and entertains these outside influences unknowingly, and in many cases, they actually become a part of the person. Very often the two or more become quite intertwined or enmeshed. This is true when the soul is endeavoring to make certain spiritual progress in life. These lower astrals act like suckers and attach themselves to the psychic anatomy with the avowed purpose of waylaying the earthman from his desired goal. They work or strive against truth or the Light and will go to any lengths to hold back, to block, or stop the individual from an otherwise forward motion in his evolutionary climb. It is almost impossible for one to extricate himself from this negative influence and which, more often than not, becomes a multiple situation; that is, the numbers obsessing are many. They work together in large groups in a very destructive way, and it can be frankly said wherever an individual or family experience frequent problems in their lives, whether physical, mental or psychological, one can be safely assured that he has plenty of unwelcome, invisible company working against him.

These associations are often set in motion many years previously—and yes, often many hundreds or thousands of years ago—but now, in the present, the many

hundreds of experiences in which the person becomes involved set up frequencies that make him compatible or relative for the negative influence to again live in his aura or psychic anatomy. The one entertaining this outside (more correctly, inside) influence often begins to take on a personality change. Where he once was a cheerful, happy person, he now becomes grouchy, complaining, nothing suits him, and his friends turn away as he exudes a negative vibration. He ceases to have interest in things of a positive nature and his resentment for family and friends builds; he feels as though the world is against him and nothing goes right. Very often his sleep is disturbed or he is unable to sleep, and if so, but very little.

The sad part of this very common situation is that no one actually suspects that the person is being blocked off from himself; his mind no longer is his own, for the astrals have moved in and are now using his body, blocking him off. This latter case would be prevalent in all cases in the mental institutions, but the attending doctors know little or nothing of these causes. Only one who is psychic, clairvoyant, and wise in the ways of Spirit would be able to be aware, to sense or “see” these lower influencing forces.

THE ASTRAL UNDERWORLDS—AS REAL AS THE WORLD ON WHICH WE LIVE

These astrals form and live in great organizations—countless millions—and it is their avowed duty or purpose to influence man in a negative way. They strive to oppose man in whatever it is he is attempting to do in a positive way. It can be said of these lost souls—lost to the higher way of life—that in their great numbers they often become (and are) demons. Sometimes they have degenerated so greatly they have lost any semblance of former form and are simply as globs of negative life force with compulsions for evil.

Of course, these influences affect one in various degrees. I am thinking of one severe case of an individual who, through the past few years, has written to me many beautiful letters of love, stating how he loved his teacher; in fact, they form quite a collection of very beautiful writings and love expressions. Then all of a sudden, during a time when he was experiencing a reliving of a previous lifetime lived in a negative way, as this negative state was expressed, he made the attunement and in came his obsession lock stock and barrel, so to say!

Very soon he began to change; he became very obsessed and all who saw him said, “It doesn’t even look like him!” And so he didn’t—the lower astral, along with his own strong thought forms of the past, took him over completely.

This obsession can be relived for any length of time and usually is a continuous one. After some weeks of this influence, the soul was caused by these obsessions to begin to sense a strong hatred toward myself, even though I had not seen him for weeks—purely the astral influence!

The change in the appearance and frequency of a person influenced by obsessing entities and other relative, negative astral influences is immediately noticeable to those who are sensitive, intuitive, clairvoyant, psychic, etc.

UNEXPLAINED AND UNCANNY, PERVERTED OR DEMONIC BEHAVIOR
ATTRIBUTED TO OBSESSION BY LOWER ASTRAL FORCES

It is often due to these obsessive influences that murders are committed; the person himself has actually been victimized and was not aware of what happened, as he “blacked out” when the obsessing entity slipped in and took possession of his mind and body! In such instances, help can be obtained only from a developed or advanced spiritual being, one familiar with such influence, and even then it is a dangerous situation, for often the obsession will be transferred to the one trying to extricate the other; he then being attacked also. The healer or exorcist must first be a very strong soul, one in conscious alignment and correspondence with the higher spiritual worlds and minds, the great organization that works with these lost and negative souls and takes them out into the healing wards after removal. It is big business with these Infinite Minds—a full-time endeavor, but a most gratifying one, once the earth person has been freed. As was said, the drastic part of these conditions is that the lurking demon is not visible, and one is completely unaware of what is happening to him until very often it is too late. And even then, he is helpless to help himself!

How fortunate are the Unarius students who are taught of these situations and that they can receive help through their contact with we Brothers as they study their texts and learn how. This is why the many Avatars, the master teachers of the past, have met with such negations as being killed, as they strove to help the earthman. The lower astrals in direct opposition to these avatars left them but little chance for survival. Most often these lurking, destructive forces acted against the Light and the Being, so that his existence in the earth world atmosphere left him but little chance for survival or to deliver his mission.

After learning of these vital principles and their importance to anyone wishing a progressive evolution, is it any wonder why we so often hear from the students: “I don’t know how I lived without the Unarius Science.”

And you may say, “What about yourself? How come you are getting along so well, and long, even to such an age as 75, etc.?” To this we reply: We do have great problems with obsessions. The Moderator in his efforts to aid man had several such encounters that lasted for weeks, several, in fact, that nearly cost him his life! Myself too—when I came into certain cycles where, for instance, I was killed in a previous lifetime, all hell broke loose as the negative cycle came in and I was totally influenced to the point of screaming with the pain they inflicted. Indeed so! Very often in my exorcising of others, if I should perchance become a little emotional, this then creates an open sesame for the obsessions, and they would move in on me. The only and great difference here is, I am immediately aware and begin to work with it, and with the Brothers who help in the extrications. However, there have been some occasions when the hordes were so numerous, and their plan so well made and carried out, that several days of misery and great distress were experienced before they could be brought under control.

We say these things not to frighten but to warn and to help prepare you for such times of attack, for no one gets through this hell-world freed of or immune to these lower astral obsessions—no one, no way! This world was created by the lower orders of life, and consequently it is all in rapport with like frequencies, the very demons of hell—forces that thrive on negation, misery, hatred, lust, etc. Thus, your only protection is to maintain a positive consciousness, and even after one is under such attack, his best way out is not to fight it but strive to become and remain as positive as possible. This, then, gives the Higher Ones your help, as they can come in to help extricate the troublemakers. There are no few words or lines that could describe these situations, and it is far more prevalent than we could relate, but fear, guilt, and resentment are the frequencies that they thrive on, so make sure as little fear as possible is expressed. As one wise sage once said, “That which I feared has come upon me!” Yes, you do have ways and means to not only help to maintain freedom from this most destructive element, but also to help remove them, once an entrance has been gained, by your strong positivism and an attunement with we, the Brothers, through study.

Only experience will convey the importance of these influences and of the need for the earthman as a whole to learn to set up a barrier against this negative influence. The great Brotherhood can and does help, but man must learn to help himself—and this is a part of the great lesson Unarius teaches in its extended teaching curriculum. A positive bias is your safe passport from out the earth worlds and into the higher dimensions of Light.

Your Brother in Truth, Ioshanna (Uriel)

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Excerpt from *Tesla Speaks, Vol. 8, Part 1*, page 178, last paragraph:

“ . . . Earthmen are completely controlled by the lower astral worlds, inasmuch as they are dominating the earth plane for the simple reason that the earth plane is the positive heaven for these lower astral worlds. When they die, they are, in effect, going to the negative side of the wave and their spiritual world is actually the earth plane. So they all are in heaven when they are on the earth plane and completely at home. This is why they hate to die, because when they lose their bodies, they are in their form of hell or the negative side. That is why many of these astral forces can gain control of physical anatomies, for they are oscillating so closely with these physical elements. They are degenerating themselves by this process of parasitic attachment.”—Mahatma Gandhi

Additional Resources on the Topic of Obsessions

Chapters from Unarius books:

- ❖ Lesson Nine of the *Infinite Concept of Cosmic Creation*
- ❖ Chapter Two of *Infinite Perspectives*
- ❖ “A Case of Complete Obsession,” Chapter 41 of *Tempus Invictus*
- ❖ Chapters XXXII, XXXIII, and XXXIV (32-34) of the *Voice of Eros*
- ❖ Chapters LXVI and LXVII (66 & 67) of the *Voice of Hermes*
- ❖ Chapter 20, pages 240–250, of *The Conclave of Light Beings*
- ❖ Chapter 7 of *Twenty-Five Planets Speak*
- ❖ Chapter 12, Part 3 of *The Masters Speak* – Tesla Speaks Series, Vol. 8, Part 1
- ❖ Chapter 25, Part 1 of *The Masters Speak* – Tesla Speaks Series, Vol. 8, Part 2
- ❖ “The Concept of Obsession,” Lesson 16 of the *Psychology of Consciousness*

Unarius Videos available in DVD or MP4 format:

Phantoms of the Subconscious / How Does the Mind Think?

Infinite Concept of Cosmic Creation: Lesson Nine